

# Muncie Community School Systems

## Return To Play Timeline

### I. Concussion (mTBI) Occurs (Home Practice or Event)

- A. Take athlete through SCAT 2 cards
- B. If physician working game, have them also evaluate athlete.
- C. Notify coach, athlete, and hopefully parent
  - 1. Notify or give information about signs and symptoms
  - a. "If symptoms worsen, go to Emergency Room"
- D. At 24-72 hour interval
  - 2. Refer to Dr. Hunt or Dr. Haller for clinical interpretation
  - a. Await MD Orders for follow up testing or restrictions
- E. Once Physician has approved return to play protocol
  - 1. Physician signs return to play release form for athlete to return to Certified Athletic Trainer
  - 2. Athletic Trainer takes athlete through return to play protocol.
- F. Athletic Trainer Releases Athlete For Return to Full Participation
  - 1. Sign Return to Participation Form

### II. Concussion (mTBI) Occurs (Away Event)

- A. Hopefully be notified after the event, but if not the next day
- B. At 24-72 hour interval
  - 1. Re-ImPACT Test athlete
  - 2. Refer to Dr. Hunt or Dr. Haller for clinical interpretation
  - a. Await MD Orders for follow up testing or restrictions
- C. Once Physician has approved return to play protocol
  - 1. Physician signs return to play release form for athlete to return to Certified Athletic Trainer
  - 2. Place form in Athlete's Individual File or Electronic File for this occurrence.
  - 3. Athletic Trainer takes athlete through return to play protocol